

Asotin County Health District

102 1st Street

Asotin, WA 99402



Disability Resource Guide

for the

LC Valley

Edition 1



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Support Groups/Information

National PKU (Phenylketonuria) Alliance (NPKUA)

<https://www.npkua.org>

Osteogenesis Imperfecta Foundation (OI)

<https://oif.org>

Prader-Willi Syndrome Association USA

<https://www.pwsausa.org>

Spina Bifida Association

<https://www.spinabifidaassociation.org>

The Cerebral Palsy Family Network

<https://cpfamilynetwork.org>

Tourette Association of America

<https://tourette.org>

Support Groups/Information

National Association for Down Syndrome (NADS)

<https://www.nads.org>

National Autism Association (NAA)

<https://nationalautismassociation.org>

National Down Syndrome Society (NDSS)

<https://www.ndss.org>

National Fragile X Foundation

<https://fragilex.org>

National Organization for Rare Disorders

<https://rarediseases.org>

Multiple Disabilities

<https://www.parentcenterhub.org>

The Disability Resource Guide was developed by Asotin County Health District to provide information and support for families and caregivers of children and young adults with disabilities.

Asotin County Health District's policy is to provide informational referrals rather than to recommend specific service providers. Please take time to research the providers and make a decision that best fits your needs.

If you know of other resources that have not been presented in the resource guide please contact Asotin County Health District at 509-552-4538 or email

lhersey@ac-hd.org.

Agencies

2-1-1 Care Line

This service gives referrals for public, community and non-profit health-related services, using an extensive databased or health and human service providers.

877-211-9274

<https://wa211.org>

Americans with Disabilities Act (ADA)

Protects people with disabilities from discrimination. Disability rights are civil rights. From voting to parking, the ADA is a law that protects people with disabilities in many areas of public life.

800-514-0301

833-610-1264 (TTY)

<https://www.ada.gov>

Support Groups/Information

Dads M.O.V.E

www.dadsmove.org

Epilepsy Alliance America

<https://www.epilepsyallianceamerica.org>

FASD United (Fetal Alcohol Spectrum Disorder)

<https://fasdunited.org>

Forta: Parent-led ABA therapy

<https://www.fortahealth.com>

Hydrocephalus Association

<https://hydroassoc.org>

My Child at Cerebral Palsy.org

<https://www.cerebralpalsy.org>

Support Groups/Information

Autism Society of Washington

<https://www.autismsocietyofwa.org>

Autism Speaks

<https://www.autismspeaks.org>

Brainline: All about Brain Injury (TBI) and PTSD

<https://www.brainline.org>

Brittle Bone Disorders Consortium

<https://bbd.rarediseasesnetwork.org>

Center for Parent Information and Resources

<https://www.parentcenterhub.org>

Children with Attention Deficit Disorder (CHADD)

<https://chadd.org>

Cristine M. Trahms Program for Phenylketonuria (PKU) Seattle

<https://depts.washington.edu/pku>

Agencies

Asotin County Community Services

This agency provides support services for individuals with developmental disabilities to lead independent lives.

549 5th St. Suite A

Clarkston, WA 99403

509-758-8349

<https://asotincommunityservices.org>

Asotin County Housing Authority

This agency helps with section 8 rental assistance and public low-income housing in Washington and Idaho.

<https://asotinhousing.org>

Agencies

Benefit U

Benefit U gives answers about public benefits; SSI,SSDI, CDB/DAC, medical, savings, food, housing, etc.

206-312-1099

<https://www.benefitu.org>

COAST Transportation

COAST provides transportation for individuals with disabilities in Whitman, Garfield and Asotin Counties anytime, anywhere for any reason. (2 day notice to schedule rides is required in most cases).

509-397-2935

<https://www.coacolfax.org>

Support Groups/Information

The following groups connect parents/caregivers with other parents/caregivers, events, medical information, and research to help them exchange shared experiences or concerns about the diagnosis they have received. These groups can help encourage, comfort and advise.

American Diabetes Association

<http://diabetes.org>

Attention Deficit Disorder Association (ADDA)

<https://add.org>

Autism Research Institute (ARI)

<https://autism.org>

Autistic Self Advocacy Network (ASAN)

<https://autisticadvocacy.org>

Autism Society of Idaho

<https://www.autismsocietyofidaho.com>

Evaluation/Medical

Shriner's

Shriner's experienced care team brings hope and healing. They're driven to make lives richer, easier and less complex for children and families in Washington, Idaho, Montana, Alaska and Canada, as well as other U.S. and international locations.

911 W. 5th Ave.

Spokane, WA 99204

509-842-3817

<https://www.shriners.org/en/location/spokane>

University of Washington Autism Center

U of W Autism Center provides clinical services such as diagnosis, assessment, and intervention services for individuals with autism spectrum disorder and their families. The research services collaborate with families and people with autism spectrum disorder to conduct research that will improve outcomes and increase understanding.

1701 NE Columbia Rd.

Seattle, WA 98195

206-221-6806

877-408-8922 toll free

<https://depts.washington.edu/uwautism>

Agencies

Community Action Partnership

Community Action Partnership (CAP) helps with housing, food and heating bills along with other resources to address individual needs in Washington and Idaho

124 New 6th Street

Lewiston, ID 83501

208-746-3351

<https://www.cap4action.org>

DAC Disability Action Center NW

DAC provides help removing the barriers for individuals with disabilities in the community, home, and work to promote independence.

330 5th St.

Lewiston, ID 83501

208-746-9033

<https://dacnw.org/lewiston-id>

Agencies

Developmental Disabilities

The Children's Developmental Disabilities Program provides a system of care that has a wide array of home and community based services for children including intervention and support services. The system emphasizes evidence-based treatment methods, community integration, and family empowerment.

2604 16th Ave.

Lewiston, ID 83501

208-799-3460

<https://healthandwelfare.idaho.gov>

Elevations a Children's Therapy Resource Fountaion

They believe that all children, regardless of family resources, should receive the therapy and equipment they need to live up to their full potential.

325 S. University Rd. Suite #203

Spokane Valley, WA 99206

509-385-2113

<http://elevationsspokane.org>

Evaluation/Medical

Northwest Autism Center

Based in Spokane, Washington they offer services for individuals and families throughout the Inland Northwest who are affected by autism and other developmental disabilities.

528 E. Spokane Falls Blvd., Suite 14

Spokane, WA 99202

509-328-1582

<https://www.nwautism.org>

WSU Range Community Clinic

Autism and Neurodevelopmental Clinic

Range Community Clinic operates the on-site clinic for the interdisciplinary [Autism and Neurodevelopmental Program of Excellence](#) in the WSU Elson S. Floyd College of Medicine. The program addresses the needs of children and families impacted by autism spectrum disorder (ASD) and other neurodevelopmental disorders through comprehensive evaluation and clinical services, treatment planning, and family support.

310 N. Riverpoint Blvd.

Spokane, WA 99202

509-505-7481

<https://www.rangecommunityclinic.org/autism-neurodevelopmental-clinic>

Evaluation/Medical

Cristine M. Trahms Program for Phenylketonuria (PKU) Seattle

The Cristine M. Trahms Program for Phenylketonuria provides resources to families of children with phenylketonuria (PKU) and professionals who work with children with PKU. Institute on Human Development and Disability University of Washington

<https://depts.washington.edu/pku/>

Lion's Club Clarkston

The Lions Club will assist with the purchase of eye glasses and hearing aids.

615 1/2 Sycamore St.

Clarkston, WA 99403

<https://e-clubhouse.org/sites/clarkstonwa/>

Lion's Club Lewiston

The Lions Club will assist with the purchase of eye glasses and hearing aids.

1205 8th Ave.

Lewiston, ID 83501

208-743-5968

<https://e-clubhouse.org/site/lewistonlionsclubid/>

Agencies

Foundational Community Supports Washington State Health Care Authority

This page provides resources for FCS providers and participants, webinars, trainings, and other events

<https://www.hca.wa.gov>

Green Apple Project

The Green Apple Project gives support for individuals with autism and their families. They strive for independence, inclusion, and social awareness. Individuals can get information about events, autism, and support groups with this program.

200 Fair St. Suite #3

Clarkston, WA 99403

208-503-0826

<https://www.thegreenappleproject.org>

Agencies

Idaho Center on Disabilities and Human Development

This agency supports people with disabilities through education, research and service. They provide training services and technical assistance. They also share information that helps promote a nation where all people, including people with disabilities, can live, learn, work and play within their communities.

1187 Alturas Dr.

Moscow, ID 83843

208-885-6000

<https://idahocdhd.org>

Idaho Commission for the Blind and Visually Impaired

Their mission is to empower persons who are blind or visually impaired by providing vocational rehabilitation, skills training, and educational opportunities to achieve self-fulfillment through quality employment and independent living. They also have a low vision clinic and assessment and training center.

1118 F St.

Lewiston, ID 83501

208-799-5009

<https://icbvi.idaho.gov>

Evaluation/Medical

If you have Medicaid please make sure you are approved before making an evaluation appointment.

As You Are

Getting an official autism diagnosis is critical for families to expedite treatment and care during their child's short development window, and As You Are is a virtual clinic that is becoming a game changer in the race for evaluations.

<https://asyouare.com>

Children's Village

The Children's Village helps children with special health and developmental needs and their families. This comprehensive, family-centered organization aims to meet each child's need for individualized care.

3801 Kern Rd.

Yakima, WA 98902

509-574-3200

<https://www.yakimachildrensivillage.org>

Employment

Washington Division of Vocational Rehabilitation

Vocational Rehabilitation (VR) is a state-federal program whose goal is to assist people with disabilities prepare for, secure, retain or regain employment.

525 5th St.

Clarkston, WA 99403

509-751-4668

<https://www.dshs.wa.gov>

Washington Division of Vocational Rehabilitation Pre-transition Services

Pre-Employment Transition Services are a coordinated set of activities, designed with an outcome-oriented process, which promotes movement from school to post-school activities organized in collaboration with local school staff. Typically for students ages 16 through 21.

509-440-1453

<https://www.dshs.wa.gov>

Agencies

Idaho Educational Services for the Deaf and the Blind

For all youth, birth to 21 years with hearing or vision loss, including those with other disabilities and deafblindness, in the State of Idaho. The Idaho School for the Deaf and the Blind is the center of educational expertise for the children, their families, and local education providers.

The IESDB's residential and outreach programs provide a consortium of educational opportunities, services, and supports designed to ensure the children achieve their highest potential.

1450 Main St.

Gooding, ID 83330

208-943-4457

<https://iesdb.org>

Idaho Human Rights Commission

This is an independent agency established by the Idaho legislature to help protect persons within the state from illegal discrimination.

317 W. Main St.

Boise, ID 83735

208-334-2873

<https://humanrights.idaho.gov>

Agencies

Interlink

Interlink provides minor home repair, yardwork, ramps, transportation, shopping assistance, and grocery delivery.

549 5th Street, Suite E

Clarkston, WA. 99403

509-751-9143

<https://interlinkvolunteers.org/>

Kinship Navigator Program

The Kinship Navigator Program enhances the ability of relatives to provide a safe, stable and nurturing environment for the children in their care.

509-946-4645

www.hopetolife.org

Employment

The Lighthouse for the Blind, Inc.

The Lighthouse for the Blind, Inc. is a private, not-for-profit social enterprise providing employment, support, and training opportunities for people who are blind, deafblind, and blind with other disabilities. The Lighthouse has provided employment and support to people who are blind in Washington State since 1918.

2501 S. Plum St.

Seattle, WA 98144

206-322-4200

<https://lhblind.org>

Vocational Rehabilitation, Division of Idaho

Vocational Rehabilitation (VR) is a state-federal program whose goal is to assist people with disabilities prepare for, secure, retain or regain employment.

1118 F St.

Lewiston ID 83501

208-799-5070

<https://vr.idaho.gov>

Employment

Opportunity Unlimited

Opportunity Unlimited focuses on helping people with disabilities have an opportunity at employment and over the last four decades have expanded into a multitude of services that allow them to assist those seeking services full participation in the communities they call home.

325 Snake River Rd.

Lewiston, ID 83501

208-743-1563

<https://oui.org>

Outreach Program and Washington State Center for Deaf and Hard of Hearing Youth

The Office of the Deaf and Hard of Hearing (ODHH) offers programs and services for Deaf, Deaf Blind, Deaf disabled, Hard of Hearing, Late Deafened, and Speech Disabled individuals, their families, and service providers in Washington State. They work to ensure that services and resources are accessible and inclusive to our diverse communities.

800-422-7930 (Voice/TTY)

<https://www.dshs.wa.gov/altsa/odhh>

Agencies

Lilac Services for the Blind

The mission of Lilac Services for the Blind is to provide people in North Central and Eastern Washington who are blind or have low vision with training and adaptive devices to restore, maintain, or increase their independence and quality of life.

1212 N. Howard St.

Spokane, WA 99201

509-328-9116

<https://www.lilacblind.org>

My IR

With this website you can access your immunization records. Which is needed for educational purposes and to qualification for various services.

MYIR@doh.wa.gov

Agencies

Northwest Access Fund

Northwest Access Fund offers financial products and services designed to meet the unique needs of people with disabilities and seniors in Washington, Oregon, and Idaho.

P.O. Box 55759

Shoreline, WA 98155

206-328-5116

<https://www.nwaccessfund.org>

Office of the Deaf and Hard of Hearing (ODHH)

The Office of the Deaf and Hard of Hearing (ODHH) offers programs and services for Deaf, Deaf Blind, Deaf disabled, Hard of Hearing, Late Deafened, and Speech Disabled individuals, their families, and service providers in Washington State. They work to ensure that services and resources are accessible and inclusive to the diverse communities.

800-422-7930 (Voice/TTY)

<https://www.dshs.wa.gov/altsa/odhh>

Employment

Goodwill Workforce and Family Services

Goodwill provides a variety of training and employment tools to offer maximum opportunity for program participants to reach the individuals full potential.

307 19th St., Suite A3

Lewiston, ID 83501

208-743-8285

<https://discovergoodwill.org>

Nez Perce Vocational Rehabilitation Services

Vocational Rehabilitation Services assist people with disabilities in finding and keeping employment and living independently.

P.O. Box 365

Lapwai, ID 83501

208-621-4813

<https://nezperce.org/government/education/>

Education

Special Needs Tutors

Special Needs Tutors is a tutoring firm that specializes exclusively in the special needs community. All tutors are active state credentialed special needs teachers.

<https://specialneedstutors.com>

University of Washington Autism Center

The UW Autism Center provides high-quality training for community professionals, caregivers, and students who interact with and serve individuals with Autism Spectrum Disorder (ASD).

1701 NE Columbia Rd

Seattle, WA 98195

206-221-6806

<https://depts.washington.edu/uwautism>

Agencies

Public Consulting Group

They advocate for Social Security Disability Benefits.

200 Fair St.

Clarkston, WA 99403

509-254-2600

<https://www.publicconsultinggroup.com>

Ronald McDonald House Charities

The Spokane Campus is located just minutes from Sacred Heart Children's Hospital, MultiCare, Shriners, St. Lukes, and other treatment facilities. When families are close to the hospital, they are able to spend more time with their child and have frequent interactions with their clinical care team which helps them better participate in the care decisions. Additionally, families staying have free laundry facilities, shuttle rides to and from the hospital, frequent meals prepared by volunteers through our Make-A-Meal program and much more.

1028 W. 5th Ave.

Spokane, WA 99403

509-624-0500

<https://rmhcinlandnw.org>

Agencies

Social Security Resource Center

If you have any questions regarding your benefits, replacing a lost social security card, obtaining your statement, any eligibility qualifications, estimating your future benefits, information covering social security disability benefits or other services, the Social Security Administration will be able to assist you.

Clarkston

525 5th St.

Clarkston, WA 99403

800-737-0617

<https://www.ssa.gov/>

Lewiston

1617 19th Ave.

Lewiston, ID 83501

800-772-1213

<https://www.ssa.gov/>

Education

Northwest Autism Center

Formed in 2003, Northwest Autism Center exists to build, facilitate, and coordinate comprehensive services for those with autism spectrum disorder and other developmental disabilities through the lifespan, using community-based approaches.

528 E. Spokane Falls Blvd., Suite 14

Spokane, WA 99202

509-328-1582

<https://www.nwautism.org>

Northwest Children's Home Residential

NCH serves both Idaho and Washington youth, and is approved by the State of Washington Superintendent of Public instruction as a Non-Public Agency. The Education Center utilizes the Re-ED (re-education of emotionally disturbed youth) philosophy as a foundation for working with at-risk youth.

602 13th St.

Lewiston, ID 83501

208-746-8206

<https://northwestchildrenshome.org/education>

Education

Infant and Toddler Program

The Infant and Toddler Program is an early intervention for infants and toddlers who have developmental delays and disabilities. These family-centered services help parents and caregivers understand their child's needs and offer ways to support a child's learning in play and daily routines.

2604 16th Ave.

Lewiston, ID 83501

208-799-3460

<https://healthandwelfare.idaho.gov/dhw/lewiston-office-avenue-building>

ROAR WSU

This program is a residential, inclusive postsecondary education program for students with intellectual and developmental disabilities (I/DD). Recommended between 18 and 26 years of age. The WSU ROAR program is a 2-year program with Fall/Spring academic semesters following the WSU-Pullman Academic Calendar (i.e., August – December, and January -May).

P.O. Box 642114

Pullman, WA 99164

509-335-4078

<https://education.wsu.edu/undergradprograms/wsuroar>

Agencies

The Arc of Spokane

The Arc of Spokane is a chapter of The Arc of Washington and The Arc of the United States. They provide resources for families on advocacy, assistive technology, Developmental Disability Administration (DDA), family support, future planning, guardianship and alternatives etc.

320 E. Second Ave.

Spokane, WA 99202

509-328-6326

<https://www.arc-spokane.org>

The Hearing Loss Association of Washington

Our mission: To open the world of communication to people with hearing loss living in Washington State by providing each other with support, information, education, and advocacy

3043 N.E. 100th St.

Seattle, WA 98125

503-882-0115

<https://hearingloss-wa.org>

Agencies

Washington Human Rights Commission

The mission of the Washington State Human Rights Commission is to prevent and eliminate discrimination through the fair application of the law, the efficient use of resources, and the establishment of productive partnerships in the community.

1330 N. Washington St., Suite 2460

Spokane, WA 99201

800-233-3247

<https://www.hum.wa.gov>

Washington Relay - Telecommunications Services

Washington Relay– Telecommunication Relay Services is a free service provided by the Washington State Office of the Deaf and Hard of Hearing ensuring equal communication access to the telephone service for people who are deaf, deafblind, heard of hearing, and speech disabled.

711 or 800-833-6384

<https://www.dshs.wa.gov/altsa/odhh/telecommunication-relay-services>

Education

Center for Deaf and Hard of Hearing Youth

The Washington Center for Deaf & Hard of Hearing Youth (CDHY), formerly the Center for Childhood Deafness and Hearing Loss (CDHL), is a statewide resource committed to ensuring all deaf and hard of hearing students in Washington reach their full potential regardless of where they live or attend school.

611 Grand Blvd.

Vancouver, WA 98661

855-342-1670

<https://www.cdhy.wa.gov>

Early Childhood Special Education Services 3-5

This program is for children 3-5 years of age with Developmental Delays which can include speech/language services, occupational therapy, physical therapy, along with special education.

Clarkston School District

1294 Chestnut St.

Clarkston, WA 99403

509-769-6299

<https://www.csdk12.org/page/student-services>

Education

Birth to 3 Year Old Program

Birth to 3 is an early intervention for infants and toddlers who have developmental delays and disabilities. These family-centered services help parents and caregivers understand their child's needs and offer ways to support a child's learning in play and daily routines.

644 6th St., Suite A

Clarkston, WA 99403

509-780-7420

<https://www.birthtothreeprogram.com>

Building Blocks Pediatric Therapy, LLC

Building Blocks provide home based OT, PT, Speech and Feeding services to children birth - 21 years of age in the Lewis- Clark valley! These services are done in your own home!!

208-906-8599

Contact email: jamielarsen@buildingblockspt.com

[Building Blocks Pediatric Therapy, LLC | Clarkston WA | Facebook](#)

Agencies

Washington Sensory Disabilities Services (WSDS)

WSDS partners with schools, families and agencies to support children and youth who are deaf/hard of hearing, blind/low vision, or deafblind, by providing assessment services, training and consultation.

360-947-3297

<https://wsds.wa.gov>

Washington State Department of Children, Youth and Families

This agency provides information on early learning services, child development supports, etc.

<https://www.dcyf.wa.gov>

Agencies

Washington State Department of Services for the Blind (DSB)

This program provides vocational rehabilitation, student and youth services, independent living, aids and devices, etc.

421 W. Riverside Ave. Suite 830

Spokane, WA 99201

509-456-4458

<https://dsb.wa.gov/contact-us/spokane-office>

Washington State Department of Social and Health Services

This page gives information about developmental disabilities, what services and supports there are along with benefits.

<https://www.dshs.wa.gov/disability-support>

Augmentative Alternative Communication

University of Washington Augmentative Alternative Communication Services

The UWSHC offers AAC assessment and intervention for both children and adults. Following best practices in AAC, our focus is on *multi-modal* communication, relying on a combination of strategies with and without technology. The common tools include specialized communication devices or mobile technology (e.g. iPads, tablets, cell phones with apps) as well as non-technology communication displays and notebooks, always used in conjunction with expressive speech and writing, when possible. The goal is to enhance the individual's ability to participate in family, educational, community and recreational activities despite the underlying impairment.

1417 NE 42nd St.

Seattle, WA 354875

206-685-7400

<https://sphsc.washington.edu/augmentative-alternative-communication>

Augmentative Alternative Communication

Idaho Assistive Technology Project

The Idaho Assistive Technology Project provides support for individuals with disabilities and older persons in selecting their personal assistive technology device to allow them to live, work, and play in their communities.

University Of Idaho

1187 Alturas Dr.

Moscow, ID 83843

800-432-8324

<https://idahoat.org>

Northwest Augmentative Communication Society

The Northwest Augmentative Communication Society (NWACS) is a nonprofit organization. Their focus is on educating and raising awareness about augmentative and alternative communication (AAC)

<https://nwacs.info>

Agencies

Washington Talking Books and Braille Library

The Washington Talking Book & Braille Library (WTBBL) provides braille, audio books and magazines to people and communities throughout Washington State.

2021 9th Ave.

Seattle, WA 98121

206-615-0400

<https://www.sos.wa.gov>

WIC (Women, Infants, and Child)

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides federal grants to states for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age 5 who are found to be at nutritional risk.

Current address

102 1st St.

Asotin, WA 99402

509-243-3344

<https://ac-hd.org>

Future address

719 Fifth St.

Clarkston, WA 99403

509-243-3344

Agencies

WIC Clinic 201-Lewiston

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides federal grants to states for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age 5 who are found to be at nutritional risk.

215 10th St
Lewiston, ID 83501

208-799-3100

<https://healthandwelfare.idaho.gov/wic/wic-clinic-201-lewiston>

Augmentative Alternative Communication

Children and adults with severe speech or language problems may need to find other ways to communicate besides talking. There are many types of Augmentative and Alternative Communication (AAC) they can use. The following agencies can help with finding what works for each individual.

Assistive Ware

Our mission is: Everyone has something to say. Working closely with the Augmentative and Alternative Communication (AAC) community, we build apps and share best practices to help you communicate with the world.

<https://www.assitiveware.com>

Central Washington Assistive Technology Lending

Library

CWU lends communication devices, software and adaptive equipment for individuals to try before they buy items. They will also come to schools and homes to assess the needs of the person with the disability and set them up with adaptive items to help them become independent.

400 E. University Way

Ellensburg, WA 98926

509-963111

<https://www.cwu.edu/academics/special-education-technology/lending-library>