

Smart Cycling

- League Certified Instructor
- feel more secure riding with traffic.
- Gear
- Handling skills
- ABC quick check
- Helmet fit
- Rules of the Road
- Route selection
- multi-use paths
- Regular maintenance

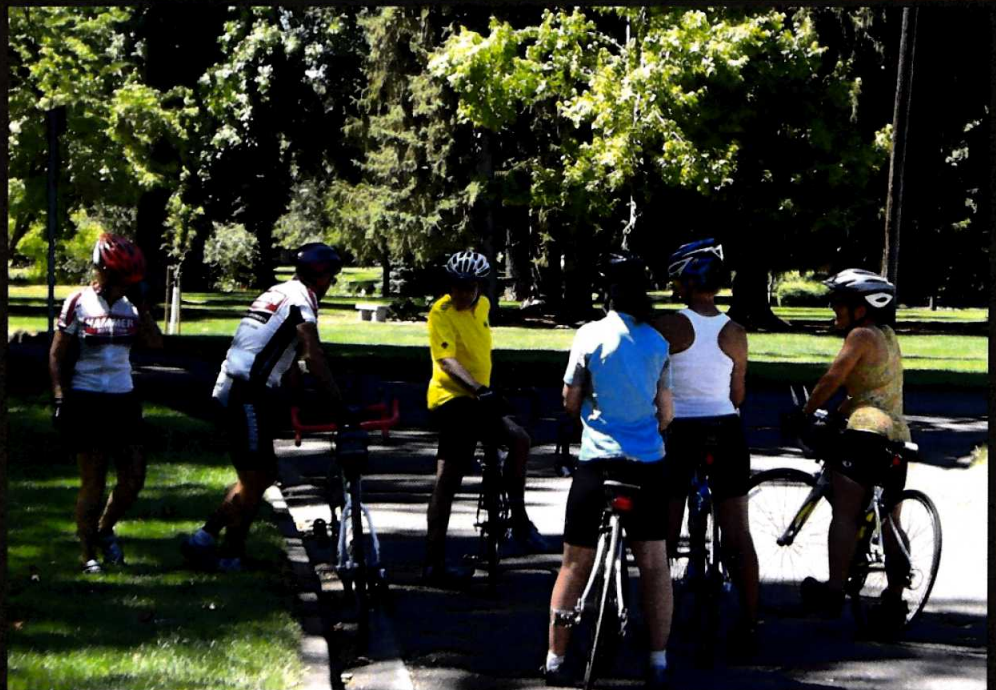
Bring a bike in good working order and a helmet.

Twin Rivers Cyclists

Find Smart Cycling for Twin Rivers Cyclists on Facebook

Visit our website at twinrivercyclists.org

Contact Corrie Rosetti at treasurer@twinrivercyclists.org or call 509 758-9303



Fix-a-Flat

- By appointment
- Small group instruction
- Men and women
- Handling that rear wheel
- No tools installation
- Prevent pinch flats

Smart Cycling

- 9 hour class
- 5 hours in the classroom
- 4 hours on the road
- Develop skill and confidence
- Rules of the road
- Cyclist rights

Join our google group from our website to schedule small groups for both classes.

TRC

